

Roadtrip Nation Education



Lesson 1 Introduction to Exposure

The Big Idea

Introduce your students to the Roadtrip Nation Movement and the belief that they are ultimately responsible for defining their own Roads in life. Their Set Points are where they are today and where they want to go in the future, along with the hopes, fears, and beliefs that they take with them.

The Timing of It All

This Lesson will fit a traditional 50-minute class period. Extension activities encouraged.

A Good Place to Start

[Essential Question] *What is your Set Point?*

Have this question written on the board when the students come into the classroom. As they read the text, watch the video, and complete the journal activities, students will learn how to answer this key question.

Extra Tips and Tricks:

- Take several minutes to explore the site and get familiar with the main navigation tabs: *Class Home, Lessons & Projects, Discussion and Resources*.
- Show students what is available to them in each Lesson: Resources for this Lesson (a link to each Leaders' full interview) and Leaders in this Lesson (who appears in each Lesson video).
- Show students where they can "Tell Us What You Think" and rate the Lesson. We really do want their feedback, as well as yours!
- Assign a question in the Discussion tab for class work. We suggest the question that inspired the original Roadtrip: *"So, what do you want to do with your life?"*

Class discussions ideas:

- Student expectations for this program
- Who or what captured their attention in the Lesson Video
- Ask students: *How do you feel about the freedom and responsibility that come with defining your own Road? Are you excited to start defining your own Road? Why?*

Student Journal Activities

The journal activity can be completed with a pen, but this is a great opportunity for creativity. The students are asked to write about, draw, or collage their childhood dreams, joy, and play. It's ideal to have art supplies available in class, but students can also finish this journal activity at home.

Wrap Up

[Enduring Understanding] *Where do you start defining your own life? You start with YOU!*

To facilitate an understanding of this message, have students share elements of their current or childhood Set Points. The varied responses will highlight how everybody has different starting points and will have their own Roads.